



RULES AND REGULATION

2021 INTERNATIONAL MONT-BLANC TRIATHLON

Article 1 : Introduction

The 17th International Mont-Blanc Triathlon, which will be held on 21st and 22nd of August 2021, is included in the official calendar of the French Triathlon Federation. Consequently, it is subject to the 2021 general regulations of the F.F.TRI available on the Federation's website. The competitor who registers for this event automatically implies the acceptance and respect of these regulations.

Article 2 : Terms and conditions

Competitors should be aware of the risks inherent in this type of sporting event, which requires prior training and excellent physical condition.

Swim :

Wetsuits are allowed or not allowed according to the water temperature conditions in the table below.

Cancellation of the swimming part depending on the water temperature, according to the table below. If the swim is cancelled, it must be replaced by a run. The duration of the race may not exceed the times imposed by the various decrees.

	Jeunes	Distance S et M	Distance L
Cancellation swimming	< 16°C	< 12°C	< 12°C
Compulsory wetsuit		< or = 16°C	< or = 16°C
Wetsuit forbidden	> 24,5°C	> 24,5°C	> 24,5°C

A cap will be given to each competitor by the organisation and must be worn. Swimming goggles are allowed. Artificial aids (snorkels, life jackets, floats...) are forbidden as well as the covering of hands and feet (except for derogation by the Regional Triathlon League).

Bike:

Wearing a helmet, approved hard shell, with the chinstrap fastened and adjusted inside and outside the bike park, when leaving and returning to the bike park. Movement on foot in the bike park.

The technical aspects of the bike must be in accordance with the regulations of the French Triathlon Federation (F.F.TRI.).

As the circuit is not closed to traffic, the scrupulous respect of the highway code is mandatory. Competitors are not allowed to take advantage of another competitor's or vehicle's drafting during the race (drafting prohibited).

Bib not folded, placed on the back. **Competitors are advised to wear a bib belt. Only one bib is provided.**

A label with the bib number will be provided and must be stuck on the seatpost of the bike. Accompaniment by a third party is not permitted.

The bike park is only accessible to competitors, the organisation and the referees. The bike can be taken away at the end of the triathlon on presentation of the bib.

Run:

Wearing a helmet is not allowed.

The bib must be worn on the front and not folded. Accompaniment by a third party is forbidden.

Competitors are advised to wear a bib belt. Only one bib is provided.

Relay races:

Teams may be female, male or mixed. A team is composed of a minimum of 2 people and a maximum of 3 people.

Article 3 : Civil liability of the organisation

The International Mont Blanc Triathlon organisation holds an "event licence" issued by the F.F.TRI and is insured under the Allianz contract of the F.F.TRI N° 61355408. It therefore benefits from civil liability cover, against the financial consequences of his civil liability, whatever the nature of his activities.

The following are insured: the organiser, its managers, its staff and its volunteers, in the context of the organisation of the event. The damage and guarantees are defined in the insurance contract which can be consulted on the F.F.TRI website. The organiser is also covered for criminal defence and recourse following an accident.

Article 4 : Accessibility to events and age categories

- Jeunes 8-11 years old: 100m swim, 2,5 km cyclo cross VTT/GRAVEL and 1km run.

Open to poussins (born in 2012 and 2013) and pupilles (born in 2011 and 2010).

- XS Cross Triathlon: 300m swim, 5km cyclo-cross VTT/GRAVEL and 2,5km run.

Open from the benjamin category (born in 2008 and 2009).

- S distance triathlon (sprint): 750m swim, 22km bike, 5km run.

Open from the cadet category (born in 2004 and 2005).

- S distance triathlon relay: from the benjamin category (NB benjamins and minimes can only participate in one discipline).

- M distance Triathlon (short distance): 1,5km swim, 45km bike, 10km run.

Open from the junior category (born in 2002 and 2003).

- M distance triathlon relay: from the cadet category (NB cadets can only participate in one discipline).

- L distance Triathlon (Mont-Blanc Man): 1 900m swim, 70km bike 1750m positive elevation and 20km run.

Open from the junior category (born in 2002 and 2003).

- L distance triathlon relay: from the junior category

Article 5 : Registrations

Participants can register online until Wednesday 18 August 2021.

Participants are registered in order of receipt of payment. However, a maximum number of runners per race may be set by the organisation. Once this maximum is reached, entries will no longer be considered.

If the number of participants is lowered, the rule applied will be that the order of priority will be according to the date of registration.

Due to the context, additional elements may be requested from each participant (PCR test, health pass, etc). Participants may also be asked to respect any sanitary measures (wearing a mask, respecting safety distances, adapted departures, etc).

F.F.TRI competition licensees

For F.F.TRI competition licence holders, competitors must tick the FFTRI licence holder box at the time of registration and enter their licence number.

F.F.TRI licence holders with a "competition" licence benefit from individual accident and "assistance" guarantees (organisation and payment of the return home by Mondial Assistance).

Non F.F.TRI licensees and F.F.TRI leisure licensees

The competition pass must be paid for and the medical certificate must be uploaded at the time of registration.

Participants must sign the competition pass when collecting their bib and/or present the medical certificate when collecting their bib if it has not been downloaded.

The medical certificate must include the following statement: 'no contraindication to the practice of sport in competition' less than one year

old at the date of registration. The words 'not against the practice of triathlon in competition' or 'not against the practice of swimming, cycling and running in competition' are also accepted.

Non-licensed F.F.TRI and F.F.TRI leisure members and managers holding a competition pass are covered by the civil liability policy N° 61355408 of the FFTRI. The damages, guarantees and amounts are listed in the contract which can be consulted on the FFTRI website.

Licensees of a foreign federation affiliated to World Triathlon (ex ITU)

Licensees from foreign federations must take a competition pass and upload a medical certificate at the time of registration.

This competition pass is free for triathletes with a competitive triathlon license from the following countries: *Germany, Italy, Spain, Portugal, Belgium, Luxembourg, England, Netherlands, Switzerland.*

For relays:

The F.F.N licence exempts the competitor from the medical certificate for the swimming part, but does not exempt him from paying the competition pass.

The F.F.C licence exempts the competitor from the medical certificate for the cycling part, but does not exempt him from paying the competition pass.

The F.F.A licence exempts the competitor from the medical certificate for the running part of the race, but does not exempt him from paying the competition pass.

For minors who are not members of the F.F.TRI:

The father, mother or legal guardian must authorise the minor to participate in the event.

This document can be downloaded at the time of registration, a standard form can be obtained on the organisation's website.

Incomplete file:

For all incomplete registration files at the time of bib collection, the competitor will not be able to collect his bib and therefore not take the start.

No reimbursement will be made in this case.

Article 6 : Cancellation of the event in case of force majeure.

In the event of cancellation or interruption of the event for any reason beyond the control of the organisation, and in particular, any case of force majeure, any decision of the public authorities (in particular for reasons of public health, safety or preservation of public order), any risk of bad weather or proven bad weather, the organiser will not incur any liability whatsoever with regard to the competitors, and the registration fees will not be refunded. Competitors hereby waive any claim or request for reimbursement whatsoever as a result of such cancellation or interruption.

Article 7 : Insurance

Individual accident: the organisation recommends that all participants who do not have personal insurance covering their physical injuries, in particular those who are not members of a sports federation, take out individual accident insurance as part of their participation in the event.

Material damage: the organiser declines all responsibility for damage (theft, breakage, loss, etc.) to participants' personal property, even if it is in his custody. The participants will therefore not be able to claim against the organiser for any damage caused to their equipment. It is the responsibility of each participant to take out insurance to cover these risks.

MUTUAIDE cancellation insurance

- The participant has the possibility to take out cancellation insurance until 19 August 2021 without any justification. The insurance must be taken out at the time of registration and cannot be taken out afterwards.

- The participant must click on the link in the subscription confirmation email sent on the day of registration to activate their insurance.

Cancellation via the MUTUAIDE insurance will result in the immediate cancellation of the registration and the participant will not be able to use any of the services offered by the Mont-Blanc International Triathlon organisation.

Article 8 : Refereeing

The present rules are subject to French law. Any dispute arising from or in connection with these rules will be submitted to the referee of the F.F.TRI in accordance with its rules or, failing that, to the sports referee chamber attached to the French Olympic and Sports Committee, and will be finally settled in accordance with its rules.

Article 9 : Medical structure

Two medical teams, each composed of a doctor and first aiders, will operate during the event, one mobile, the other on the PASSY lake site. Two ambulances will enable them to intervene on the bike and running courses.

Article 10 : Timing

It will be carried out by a professional service provider. An electronic chip system will be used to establish a time for each sport and each transition zone. Intermediate checkpoints will be set up on the bike and run courses of the different races. Each chip must be returned by the competitor at the finish line, otherwise the price of the chip will be refunded.

Article 11 : Prize-giving ceremony

The presence of prize-winning competitors is compulsory. Otherwise, no prize can be claimed later by the absent competitor. The organiser reserves the right to dispose of them as he sees fit.

Article 12 : Image rights

Competitors expressly authorise the competition organiser and their beneficiaries such as partners, sponsors and the media to use the animated (audiovisual) or still images (photos) in which the competitors may appear, taken during their participation in the competition, on all existing or future media, including promotional and/or advertising and/or institutional media, throughout the world and for the longest period provided for by the law, regulations and treaties in force, including any extensions to this period. The participant acknowledges and accepts that the organiser will be entitled to record these still and moving images (photos and videos) and agrees to their use.

Article 13 : Sustainable development

The International Mont-Blanc Triathlon is certified « Triathlon durable ».

In this respect, the organisation will set up areas identified as " cleaning zones " near the feed stations. These zones will allow competitors to deposit their waste.

The athlete will take all measures to avoid damaging the environment in which he/she is running. Any abandonment of cans, waste and various packaging outside the designated cleanliness zones is prohibited and punished.

If the athlete stops to collect his waste, he can leave (yellow card "stop and go"), if he cannot or does not want to obey, the penalty imposed by the referee will be the red card (disqualification).

The International Mont-Blanc Triathlon will provide dry toilets (to limit water consumption), and will drop off volunteers with a bus on the bike course (to limit pollution compared to travelling by car).

Participation in the International Mont-Blanc Triathlon implies the express acceptance by each competitor of these rules.